











### RESOURCE QUICK GUIDE—FOOD PANTRIES/DESPENSAS DE ALIMENTOS

OFB—TCS and affiliated agencies are the same for everyone without regard to their race, color, national origin, age, gender, sexual orientation, or disability. *Because no one should be hungry...*  
OFB-TCS y las agencias afiliadas son iguales para todos sin importar raza, color, procedencia, edad, sexo, orientación sexual o incapacidad. *Porque nadie debe tener hambre...*



| SITES/SITIOS   | MONDAY/<br>LUNES | TUESDAY/<br>MARTES   | WEDNESDAY/<br>MIÉRCOLES | THURSDAY/<br>JUEVES | FRIDAY/<br>VIERNES  | SATURDAY/<br>SÁBADO  |
|--|------------------|--|-------------------------|---------------------|---|--|
| <b>North County Food Bank</b><br>278 Rowe Street, Wheeler, OR 97147<br>503-368-7724<br><b>Tuesday/Martes</b> 12 pm to 3 pm<br>  |                  | 12PM<br>—<br>3PM   |                         |                     |   |  |
| <b>God's Lighthouse</b><br>103 Eighth Street, Garibaldi, OR 97118<br>503-322-3501 10 am to Noon<br><b>Open 2 Fridays per month</b> Please call for dates<br><b>Abierto 2 Viernes por mes</b> Llame para fechas<br>            |                  |  |                         |                     | Two<br>Fridays<br>per<br>Month/<br>Dos<br>viernes<br>al<br>mes<br>10AM/<br>12PM |  |
| <b>Tillamook Food Pantry</b><br>3808 12th Street, Tillamook, OR 97141<br>503-815-3880<br><b>Monday/Lunes</b> 2pm to 6pm<br>   | 2PM<br>—<br>6PM  |  |                         |                     |   |  |
| <b>Nestucca Pass It On Ministries</b><br>24425 Bunn Creek Road, Beaver, OR 97108<br>503-398-5508<br><b>Tuesday/Martes</b> 10 am to Noon<br><b>Thursday/Jueves</b> 4 pm to 6 pm<br>  |                  | 10AM<br>—<br>12PM  |                         | 4PM<br>—<br>6PM     |   |  |
| <b>South County Food Pantry</b><br>35305 Brooten Road, Pacific City, OR 97135<br>503-392-3972<br>Every other/Cada dos<br><b>Tuesday/martes</b> 12:30 pm to 6 pm<br>  |                  | Every Other<br>Tuesday/<br>Cada otro el<br>martes<br>12:30PM/<br>6PM |                         |                     |   |  |
| <b>Hebo Food Pantry</b><br>31350 Highway 101 S, Hebo, OR 97122<br>503-392-3585<br>Open last <b>Saturday</b> of the month Noon to 2 pm<br>Abierta el último <b>sábado</b> del mes Mediodía a 2 p.m.<br>                      |                  |  |                         |                     |   | Last Sat.<br>Of Month/<br>Último<br>sábado de<br>mes<br>12PM/<br>2PM |
| <b>Seventh Day Adventist Community Services</b><br><i>Clothing and household items available</i><br>2710 First Street, Tillamook, OR 97141<br>503-842-4794<br><b>Tuesday and Thursday/Martes y jueves</b> 10 am to 2 pm<br> |                  | 10AM<br>—<br>2PM   |                         | 10AM<br>—<br>2PM    |   |  |
| <b>Nehalem Bay United Methodist Church</b><br>36050 10th Street, Nehalem, OR 97131<br>503-368-5612<br><b>Monday, Wednesday, Friday, and Saturday</b><br><b>/Lunes y Miercoles y viernes y sabado</b><br>                    | 10AM<br>—<br>2PM |  | 2PM<br>—<br>6PM         |                     | 10AM<br>—<br>2PM  | 10AM<br>—<br>2PM   |

#### COMMUNITY PARTNERS SOCIOS DE LA COMUNIDAD

##### Community Action Resource Enterprises (CARE)

2310 1st Street  
Tillamook, OR 97141  
503-842-5261



##### SNAP Sign-up and information Department of Human Services

4670 East 3rd Street  
Tillamook, OR 97141  
503-842-4453  
877-317-9911

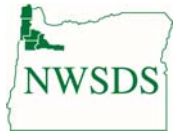


##### Toll-free number/al numero gratuito

<http://www.oregon.gov/DHS/assistance/food-benefits/pages/index.aspx>

##### North West Senior and Disability Services

4670 East 3rd Street  
Tillamook, OR 97141  
503-842-2770



##### Food Roots

113 Main Ave  
Tillamook, OR 97141  
503-815-2800



##### OSU Extension Service

4506 3rd Street East  
Tillamook, OR 97141  
503-842-3433



| SITES/SITIOS  | MONDAY/<br>LUNES                   | TUESDAY/<br>MARTES      | WEDNESDAY/<br>MIÉRCOLES            | THURSDAY/<br>JUEVES     | FRIDAY/<br>VIERNES                 | SATURDAY/<br>SÁBADO   | SUNDAY/<br>DOMINGO    |
|---|------------------------------------|-------------------------|------------------------------------|-------------------------|------------------------------------|-----------------------|-----------------------|
| <p><b>St. Mary's By The Sea Senior Meals</b><br/>                     275 S. Pacific St., Rockaway, OR 97136<br/>                     503-355-2661<br/> <b>Monday, Wednesday, Friday/Lunes, el miércoles, el viernes</b><br/>                     Arrive by/llegar por 11:30AM</p>    | Arrive By<br>llegar por<br>11:30AM |                         | Arrive By<br>llegar por<br>11:30AM |                         | Arrive By<br>llegar por<br>11:30AM |                       |                       |
| <p><b>First Christian Church—The Dining Room</b><br/>                     2203 Fourth Street, Tillamook, OR 97141<br/>                     503-842-6213<br/> <b>Tuesday and Thursdays/El martes y el jueves</b><br/>                     4 pm to 5:00 pm<br/>                     Entry through doors on Fourth and Madrona<br/>                     Entrada por Fourth y Madrona</p>             |                                    | 4:00PM<br>—<br>5:00PM   |                                    | 4:00PM<br>—<br>5:00PM   |                                    |                       |                       |
| <p><b>Nazarene Church Meal Site</b><br/>                     2611 Third Street, Tillamook, OR 97141<br/>                     503-842-2549<br/> <b>Saturday/Sábado 4 pm to 5:30 pm</b><br/> <b>Sunday/Domingo 4 pm to 5:30 pm</b></p>    |                                    |                         |                                    |                         |                                    | 4:00PM<br>—<br>5:30PM | 4:00PM<br>—<br>5:30PM |
| <p><b>Come to the Table*</b><br/>                     2610 First Street, Tillamook, OR 97141<br/> <b>Wednesday/ miércoles 4:30 pm—5:30 pm</b><br/>                     *Program is not part of the OFB—TCS Network. Program is a Community Partner.<br/>                     El programa no es parte de la Red OFB - TCS .<br/>                     Es un programa de Socios de la Comunidad</p>  |                                    |                         | 4:30PM<br>—<br>5:30PM              |                         |                                    |                       |                       |
| <p><b>Nehalem Senior Lunches</b><br/>                     36050 10th Street, Nehalem, OR 97131<br/>                     503-368-5612<br/> <b>Tuesday and Thursday/El martes y el jueves 11:30 am—12:30 pm</b></p>    |                                    | 11:30AM<br>—<br>12:30PM |                                    | 11:30AM<br>—<br>12:30PM |                                    |                       |                       |

| COASTAL SENIOR DINING CENTERS (MEALSITE)<br>CENTROS COMEDORES ALTOS COSTEROS (MEALSITE)  |
|--|
| <b>Tillamook Senior Center</b> —316 Stillwell, Tillamook, OR, 97141 503-842-9660 <b>CALL FOR INFORMATION LLAME PARA INFORMACIÓN</b>                |
| <b>United Methodist Church</b> —10th & A St, Nehalem, OR, 97131 503-368-3622 <b>CALL FOR INFORMATION LLAME PARA INFORMACIÓN</b>                    |
| <b>Kiwanda Community Center</b> —34600 Cape Kiwanda Drive, Pacific City, OR, 97135 503-965-7900 <b>CALL FOR INFORMATION LLAME PARA INFORMACIÓN</b> |

Due to the COVID-19 Virus, program days/times and availability may change.  
 Debido al virus COVID-19, los días / horarios del programa y la disponibilidad pueden cambiar.