
















## RESOURCE QUICK GUIDE—FOOD PANTRIES/DESPENSAS DE ALIMENTOS

OFB—TCS and affiliated agencies are the same for everyone without regard to their race, color, national origin, age, gender, sexual orientation, or disability. *Because no one should be hungry...*  
 OFB-TCS y las agencias afiliadas son iguales para todos sin importar raza, color, procedencia, edad, sexo, orientación sexual o incapacidad. Porque nadie debe tener hambre...

SITES/SITIOS	MONDAY/ LUNES	TUESDAY/ MARTES	WEDNESDAY/ MIÉRCOLES	THURSDAY/ JUEVES	FRIDAY/ VIERNES	SATURDAY/ SÁBADO	SUNDAY/ DOMINGO	COMMUNITY PARTNERS SOCIOS DE LA COMUNIDAD
<b>North County Food Bank</b> 278 Rowe Street, Wheeler, OR 97147 503-368-7724 <b>Tuesday/Martes</b> 1 pm to 3 pm 		1PM — 3PM						<b>Community Action Resource Enterprises (CARE)</b> 2310 1st Street Tillamook, OR 97141 503-842-5261   <b>SNAP Sign-up and information</b> <b>Department of Human Services</b> 4670 East 3rd Street Tillamook, OR 97141 503-842-4453 877-317-9911 <b>Toll-free number/al numero gratuito</b> <a href="http://www.oregon.gov/DHS/assistance/food-benefits/pages/index.aspx">http://www.oregon.gov/DHS/assistance/food-benefits/pages/index.aspx</a>  <b>North West Senior and Disability Services</b> 4670 East 3rd Street Tillamook, OR 97141 503-842-2770   <b>Food Roots</b> 113 Main Ave Tillamook, OR 97141 503-815-2800 
<b>God's Lighthouse</b> 103 Eighth Street, Garibaldi, OR 97118 503-322-3501 10 am to Noon <b>Open 2 Fridays per month Please call for dates</b> <b>Abierto 2 Viernes por mes Llame para fechas</b> 					Two Fridays per Month/ Dos viernes al mes 10AM/ 12PM			
<b>Tillamook Food Pantry</b> 3808 12th Street, Tillamook, OR 97141 503-815-3880 <b>Monday/Lunes</b> 4pm to 6pm <b>Friday/Viernes</b> 11am to 1pm 	4PM — 6PM				11AM — 1PM			
<b>Nestucca Pass It On Ministries</b> 24425 Bunn Creek Road, Beaver, OR 97108 503-398-2803 <b>Tuesday/Martes</b> 10 am to Noon <b>Thursday/Jueves</b> 4:30 pm to 6 pm 		10AM — 12PM		4:30PM — 6PM				
<b>South County Food Pantry</b> 35305 Brooten Road, Pacific City, OR 97135 503-201-7462 Every other/Cada dos <b>Tuesday/martes</b> 4 pm to 6 pm 		Every Other Tuesday/ Cada otro el martes 4PM/ 6PM						
<b>Hebo Food Pantry</b> 31350 Highway 101 S, Hebo, OR 97122 503-392-3585 Open last <b>Saturday</b> of the month Noon to 2 pm Abierta el último <b>sábado</b> del mes Mediodía a 2 p.m. 						Last Sat. Of Month/ Último sábado de mes 12PM/ 2PM		
<b>Seventh Day Adventist Community Services</b> <i>Clothing and household items available</i> 2710 First Street, Tillamook, OR 97141 503-842-4794 <b>Tuesday and Thursday/Martes y jueves</b> 10 am to 2 pm 		10AM — 2PM		10AM — 2PM				
<b>Nehalem Bay United Methodist Church</b> 36050 10th Street, Nehalem, OR 97131 503-322-0012 <b>Friday and Saturday/viernes y sabado</b> 					10AM - 2PM	10AM - 2PM		

SITES/SITIOS	MONDAY/ LUNES	TUESDAY/ MARTES	WEDNESDAY/ MIÉRCOLES	THURSDAY/ JUEVES	FRIDAY/ VIERNES	SATURDAY/ SÁBADO	SUNDAY/ DOMINGO
<p><b><u>St. Mary's By The Sea Senior Meals</u></b>            275 S. Pacific St., Rockaway, OR 97136            503-355-2661  <b>Monday, Wednesday, Friday/Lunes, el miércoles, el viernes</b>            Arrive by/llegar por 11:30 am—11:45 am</p> 	Arrive By llegar por 11:30AM — 11:45AM		Arrive By llegar por 11:30AM — 11:45AM		Arrive By llegar por 11:30AM — 11:45AM		
<p><b><u>First Christian Church—The Dining Room</u></b>            2203 Fourth Street, Tillamook, OR 97141            503-842-6213  <b>Tuesday and Thursdays/El martes y el jueves</b>            4 pm to 5:30 pm            Entry through doors on Fourth and Madrona            Entrada por Fourth y Madrona</p> 		4:00PM — 5:30PM		4:00PM — 5:30PM			
<p><b><u>Nazarene Church Meal Site</u></b>            2611 Third Street, Tillamook, OR 97141            503-842-2549  <b>Saturday/Sábado</b> 4 pm to 5:30 pm  <b>Sunday/Domingo</b> 4 pm to 5:30 pm</p> 						4:00PM — 5:30PM	4:00PM — 5:30PM
<p><b><u>Come to the Table*</u></b>            2610 First Street, Tillamook, OR 97141  <b>Wednesday/ miércoles 4:30 pm—5:30 pm</b>            *Program is not part of the OFB—TCS Network. Program is a Community Partner.            El programa no es parte de la Red OFB - TCS .            Es un programa de Socios de la Comunidad</p> 			4:30PM — 5:30PM				
<b>COASTAL SENIOR DINING CENTERS (MEALSITE)            CENTROS COMEDORES ALTOS COSTEROS (MEALSITE)</b>							
<b><u>Tillamook Senior Center</u></b> — 316 Stillwell, Tillamook, OR, 97141 503-842-9660		<b>CALL FOR INFORMATION</b>		<b>LLAME PARA INFORMACIÓN</b>			
<b><u>United Methodist Church</u></b> —10th & A St, Nehalem, OR, 97131 503-368-3622		<b>CALL FOR INFORMATION</b>		<b>LLAME PARA INFORMACIÓN</b>			
<b><u>Kiwanda Community Center</u></b> —34600 Cape Kiwanda Drive, Pacific City, OR, 97135 503-965-7900		<b>CALL FOR INFORMATION</b>		<b>LLAME PARA INFORMACIÓN</b>			

Due to the COVID-19 Virus, program days/times and availability may change.  
 Debido al virus COVID-19, los días / horarios del programa y la disponibilidad pueden cambiar.